

My Name is Rita Nemenyi.

I am the new managing editor of an International News Service called Medical Expose', Medical Expose' is over a decade old and brings news without fees, without cookies, without advertisers.

I am an Internationally Licensed Biofeedback Technician and a Registered Medical University Mentor at IMUNE. I won the Nelson Medicine Award in 2018 and I was a lecturer in San Diego. USA.

I was the keynote speaker in Mexico City, Miami, Cleveland Budapest and many other cities on the medical art of Biofeedback.

As a dedicated Body Builder for 12 years, I placed 5<sup>th</sup> in the 2017 World WBPF event held in Mongolia. I placed 3<sup>rd</sup> in 2017 Europe WBPF in Tenerife. I placed 3<sup>rd</sup> Body Sport competition WBPF in Budapest, Hungary.

Thanks to my amazing Partner Prof of Medicine Desire' Dubounet I got introduced to Natural Healing and Natural Medicine. This offers a completely new way of Life and New way of thinking. Helping People was always what I loved doing, was always interested in psychology and understanding human behaviour. Desire' taught me about Diet, Lifestyle, Whole Plant based foods, how they effect the body and the mind positive. Desire' also showed me how meditation, spirituality, yoga, breathing techniques can affect Our Health.

Another Key lesson is Balance, Body, Mind, Spirit, Social + Environmental. We can all achieve this condition by eating healthy, keeping our healthy bowel flora, doing proper exercises, working on decreasing our stress. Family Friends Networking and respect for the Planet is also necessary.

My other job is supporting People with Their Biofeedback Education, mentoring them and help them to complete their courses. We share a fantastic Life with Desire, because of her I could travel to the nicest places ever, did some fantastic Biofeedback Lectures and made wonderful connections. Looking forward to Travel the World with Desire, do Biofeedback Seminars, Share our Health Tips and Experiences with others, discover new places together.

People need to be informed and educated about all the benefits of health, how nature can effect the mind and body. Our Mind is a very powerful tool, as we think we become. If You think you can, you can. If You think you can't, you can't.

For a healthy mind and healthy thinking we have to have a healthy diet, healthy digestion, enough nutrition and vitamin supplies, good bowel bacteria, and fiber intake. The way how we live and eat effects all our hormones, our endocrine system, has a major effect on our entire lives, well-being, happiness, all our desired accomplishments and future goals.

Desire' and I will teach people what NOT to eat first, as certain foods with <u>SIN</u>thetic additives totally destroy the bowel flora and the digestion process. In this case none of the nutrients and vitamins are stored in our system to effect our brain and body in a healthy way to be able to make good and healthy choices.

We would like to introduce the new whole grain plant foods and diet what can help us to stay fit and healthy and plants are lot easier to digest. My big plan is to travel the entire World with Desire, organize health and fitness workshops combined with cooking and diet /lifestyle tips, and Biofeedback.

Health and Life style always was the area what I loved the most. Since I met Desire and got introduced to Biofeedback, this made an amazing change and transformation in my life. Learning Biofeedback has been an everyday gift and pleasure for me right from the start. Being introduced to a new science, learning new things makes me really happy and proud, and the fact that I can help others, making the world a better place by our example the new way of life we are showing for people with my Love, Desire.

Started to do my lectures since the beginning, and as I developed my skills and expanded my knowledge I got invited to Beautiful places to be a speaker and share my experiences, studies and results with others all around the world.

My favourite topics are Sport Enhancement, Hormone Streaming, Meditation, Chakra balance and Chakra healing, Biofeedback for Animals, Stress Reduction, Recreation.

Desire and myself are all excited to introduce the new Sports program for people, and all the new innovations connected to Tele MED what is going to be a key part of consulting patients in the future. Desire and I will record online

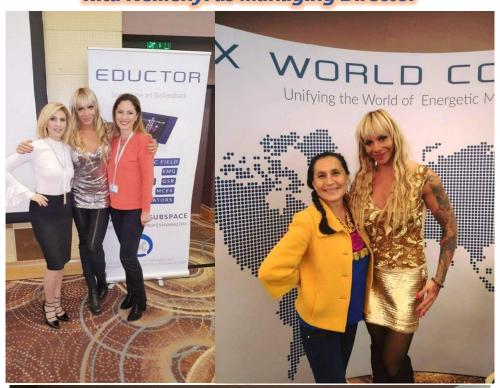
Education materials, webinars, interactive online workshops for people all around the world.

This will be available for Everyone, we are also happy to do online subspace Long Distance Quantum Entwinement sessions for partial karma payment to comfort those who have very little money or no money.

Biofeedback is what I really love to do and currently I am working on updating and expanding my knowledge taking more types of online education. I am really proud of all my international lectures and journeys worldwide where I was a Biofeedback Keynote Speaker.











#### International News Service – Medical Expose' Welcomes

#### Rita Nemenyi as Managing Director







#### International News Service – Medical Expose' Welcomes

#### Rita Nemenyi as Managing Director





#### International News Service – Medical Expose' Welcomes

Rita Nemenyi as Managing Director







# I Look Forward to Your Questions and Discussion

